

Medical Items Needed for Cuba: NEEDED BY MAR 15TH

PLEASE NO OPEN CONTAINERS/USED PRODUCTS or LIQUIDS, MUST BE IN POWDER FORM.

Over-the-Counter Items

- Alcohol Pads
- Anti-diarrhea Medication
- Antiseptic Solution
- Aspirin, Aleve, Tylenol, Advil, Excedrin, Excedrin PM, etc
- Band-Aids
- Batteries – 9 volt
- Electrolyte powders (such as Gatorade/Pedialyte)
- Glucose Sugar Tablets/Powder
- Midol
- Muscle Rub (Bengay/Generic)
- Mylanta/Pepto-Bismol Tablets
- Tampons/Pads (female hygiene items)
- Triple Antibiotic Cream/Ointment

From Doctor or Medical Office

- Albuterol
- Blood Pressure Medication
- Catheters (children and adults)
- Injection Needles for Insulin
- Nebulizer and Tubing with Solution/Treatment
- Nitroglycerin Pills
- Steroids/Prednisone
- Suture Kits
- Urine Collection Bags
- Z-Packs